



To Protect and Promote the Health and the Environment of the People of Kittitas County

## Tobacco Cessation Resources

### Order Form

Item	Quantity Limit	Quantity Requested
Quit Line Business Card	100	
Quit Line Brochure (General Audience, English)	30	
Quit Line Brochure (General Audience, Spanish)	30	
Help Your Teen Quit Smoking	10	
Steps to Help You Quit Smoking – How Other Moms Have Quit	30	
Smoke-Free Families – New Parent	30	
Smoke-Free Families – Pregnant Women Flyer - Spanish	30	
Quitting Smoking is Hard Postcard - Baby	30	
*Secondhand Smoke and Your New Baby	25	
*Pregnancy and Secondhand Smoke	25	
*Ten Best Reasons Not to Smoke While You're Pregnant	25	
*Ten Best Reasons Not to Smoke While You're Pregnant - Spanish	25	
*Secondhand Smoke: A Quiz for the Whole Family	25	
*Secondhand Smoke: A Quiz for the Whole Family - Spanish	25	
*Secondhand Smoke: How to Protect Your Kids	25	
*Secondhand Smoke: How to Protect Your Kids – Spanish	25	
*How to Help a Friend or Family Member Quit Smoking	25	
*How to Help a Friend or Family Member Quit Smoking - Spanish	25	
*Tips for Quitting Spit Tobacco	25	
*What is Really in Spit Tobacco	25	

*\*We have limited stock of these resources and will provide them until they run out.*

**Organization:** \_\_\_\_\_

**Contact person:** \_\_\_\_\_

**Please fill in the quantity requested and the contact details and fax this order form to the Kittitas County Public Health Department, Attn: Nicole Dunn at fax # 509-962-7581. The resources will be delivered or mailed to you shortly.**

Kittitas County  
Public Health Department  
507 N. Nanum Street, Suite 102  
Ellensburg, WA 98926  
T: 509.962.7515  
F: 509.962.7581



[www.co.kittitas.wa.us/health/](http://www.co.kittitas.wa.us/health/)

Environmental  
Health Services  
411 North Ruby Street, Suite 3  
Ellensburg, WA 98926  
T: 509.962.7698  
F: 509.962.7052