

ABCD DENTISTS

Ellensburg Dental Care
Dr. Davis, DDS
1206 Dolarway Road Ste 101
Ellensburg, WA 98926
(509) 933-2400

Creekside Dental
Dr. Packard, DDS
2601 Triple L Loop
Ellensburg, WA 98926
(509) 933-4800

Family Dental Care
Dr. Wilcox, DDS
201 E. Mountain View Avenue
Ellensburg, WA 98926
(509) 962-2435

Dr. Howey, DDS & Associates
601 N. Main Ste. 2
Ellensburg, WA 98926
(509) 933-3300



Contact the Kittitas County Public Health
Department today to enroll your child in
the ABCD dental program at
509-962-7515



507 N. Nanum Street, Suite 102
Ellensburg, WA 98926
Phone: 509.962.7515 • Fax: 509.962.7581
www.co.kittitas.wa.us/health/

 **DELTA DENTAL**
**Washington Dental Service
Foundation**
Community Advocates for Oral Health



Revised 02/2011



**DENTAL CARE FOR
INFANTS AND CHILDREN AGES 0-5
WITH DSHS SERVICES CARD**

HEALTHY TEETH AT HOME

First teeth are important! Caring for baby teeth is key to healthy teeth for a lifetime.

- **Check your baby's teeth!** Lift the lips and check your child's teeth once a month. If you see white or brown spots call the dental office right away.
- **Start dental visits early!** Dental visits should start by the first birthday.
- **Clean your child's teeth twice daily!** Use a clean cloth or small soft toothbrush. Pay special attention to bedtime brushing.
- **Use fluoride to make teeth strong!** Ask the doctor or dentist about fluoride supplements and treatments.
- **Prevent baby bottle tooth decay!** If you must put your child to bed with a bottle, fill it only with plain water.



WHO IS ELIGIBLE FOR ABCD?

**Infants and children, ages 0-5,
with a DSHS Services Card
(medical coupon, Medicaid, Provider One)**



WHAT ABCD CAN DO FOR YOU!

- Helps you find a dentist
- Gives your children a great start in life by making sure baby teeth are healthy
- Gets children into a dentist as early as age one, as recommended by the American Academy of Pediatric Dentistry
- Provides an easy exam with child in parent's arms, not in a dental chair
- Prevents tooth pain later on in life
- Three (3) fluoride varnish applications yearly
- Two (2) dental exams yearly
- Two (2) family education sessions per child yearly
- Restorative care as needed

