



To Protect and Promote the Health and the Environment of the People of Kittitas County

**KITTITAS COUNTY BOARD OF HEALTH (BOH)
Meeting Minutes
May 16, 2019
Commissioners' Auditorium
10:00 am**

Present

Board of Health (BOH):

Cory Wright, Rich Elliott, John Asriel M.D., Brett Wachsmith

Absent: Laura Osiadacz

Board of Health Advisory Committee (BOHAC):

None

Public Health: Candi Blackford, Tristen Lamb, Jesse Cox, Kasey Knutson, Chelsey Loeffers, Mark Larson M.D

Meeting called to order at 10:00a.m

Introductions

Introductions were completed.

Minutes

Motion to approve the April 18, 2019 Board of Health meeting minutes

Motion 05-01: Motion to approve the April 18, 2019 Board of Health meeting minutes. Rich Elliott moved to approve the April 18, 2019 Board of Health meeting minutes. Brett Wachsmith second. All approved. Motion 05-01 carried to approve the April 18, 2019 Board of Health meeting minutes.

Motion to approve the April 18, 2019 Public Hearing meeting minutes

Motion 05-02: Motion to approve the April 18, 2019 Public Hearing meeting minutes. Brett Wachsmith moved to approve the April 18, 2019 Public Hearing meeting minutes. Cory Wright second. All approved. Motion 05-02 carried to approve the April 18, 2019 Public Hearing meeting minutes.

Public Comment

Public Comment open at 10:02 am

Public Comment closed at 10:02 am

BOHAC update

Tristen Lamb stepped to the microphone and informed the board that there was no meeting this month. Ms. Lamb and Dr. Mark Larson met with Andrew Lyons, Hope Source, and discussed the purpose of BOHAC. It was resolved that the BOHAC meeting will decrease in quantity to meeting quarterly and BOHAC members will focus on promoting public health and its programs.

Department updates

Administrator update

Tristen Lamb stepped to the microphone. Ms. Lamb then updated the board members on the following updates from public health.

Washington State Public Health Policy Updates:

- Tim Roth, Public Health Nurse, updated on ESB 1638 that is signed and states children in public and private schools, and licensed childcare centers throughout the state will no longer be allowed to claim a personal or philosophical exemption from receiving required doses of MMR vaccines.
- Chelsey Loeffers, Health Promotion Specialist, reports SHB1930 applies to employers of 15 or more employees who are now required to provide reasonable break time to express breastmilk for up to two years after birth in a location that is not a bathroom. Violations will be investigated by the attorney general.
- Nea Alfaro, Health Promotion Specialist, reports that Tobacco 21 or EHB 1074 will be effective January 1, 2020. Also, ES2HB is expected to be signed which will initiate taxation on vapor products as tobacco products.
- Candi Blackford, Administrative Supervisor, is preparing for the changes the department will see in 2021 from the passing of SB 5332. SB 5332 updates the "Vital Statistics", modernizes the existing statute, increases the fee, limits who we can release birth/death certificates to, shortens registration timelines, and requires monthly reporting.

There were many wins in public health policy, but there were some losses:

- Local Solid Waste Financial Assistance was allocated on 10 million in the final enacted budget, which leaves the county with the lowest biennial allocation in over ten years.
- Group B Public Water Systems funding was not allocated for local health jurisdictions.

Department Updates

- Community Health and the Health Officer responded to a measles exposure report in mid- April.
- Health Promotion staff is working with FISH and the Ellensburg Farmers Market to implement Kids Eating Right, Nutrition and Exercise for Life (KERNEL) this summer.
- Environmental Health, Front Desk, and Water Resources staff worked through a detailed Quality Improvement project to update, reformat, and publish all applications in time for May 1 fee schedule updates.
- Permitting season is beginning in earnest for the year, which leads to increase in Environmental Health activities for inspection and licenses.
- Environmental Health staff attended the Washington State Environmental Health Association conference and May 7th was declared Environmental Health Specialist Day by the Governor's Office.
- 2019 Budget Amendments are underway at the department, due to increases in revenue and expenditures from the previously adopted budget. Those changes will be submitted to the Kittitas County Auditor's Office and the Board of Health, after staff retirement dates are official.

Health Officer Update

Mark Larson M.D. informed the board that there was good work done by the health department and Kristen Karns, Central Washington University, to quarantine the patient exposed to measles. This took lots of work and time to follow through with the quarantine. The group discussed the measles exemptions and why measles is the only vaccine that is currently able to be non-exempt. Dr. Larson noted that is what could be passed at this time with the outbreaks happening around the state. There was other discussion about other exemptions and how this will look in the future for schools.

Dr. Larson also noted that he will be bringing back new slides next month to review what the Wildfire Smoke Group have determined to be the standards for this upcoming fire season. There have been revisions to these and the group has decided to make the guidelines not as strict. Dr. Larson noted that the group would like to get something universal out before the fire season starts.

Financial Update

Tristen Lamb reported that most of the county's revenue comes in at the end of the year, so it looks like we are overspending, but we are on track with last year's budget.

Business

Wildfire Smoke Impacts Workgroup Updates

Dr. Larson gave this report in his update above.

ACES Conceptual Review

Chelsey Loeffers gave a report on Adverse Childhood Experiences (ACES) and briefly reviewed the following topics this month; ACES Study, Health Impacts, Toxic Stress, and Financial Costs.

- Three types of ACES: Abuse, Household Dysfunction, and Neglect
- Types of ACES in the population study
- What we know: Examples of ACE-Attributable problems
- Risk Increase: More ACES equate to increased risk with health problems
- Toxic Stress: Positive, Tolerable, and Toxic
- Preventing ACES in future generations
- Average lifetime cost of ACES

Ms. Loeffers will be presenting in the future about the more positive side of ACE's; Resilience and Trauma informed care.

Hub and Spoke: Opioid Services in Kittitas County

Liz Whitaker gave a brief history of Comprehensive Healthcare and then reviewed the Hub and Spoke grant the county received with the board. The Hub and Spoke grant allowed Comprehensive Health to hire a staff member to provide outreach services for those seeking recovery at the Kittitas County Public Health Syringe Exchange.

DD Updates

Kasey Knutson reported that state monitoring of employment and day services providers is complete. The health department was also monitored and we passed. The department has funds to spend in this program and is working on the coffee stand proposal.

Meeting adjourned at 11:32 am



Cory Wright, Chair of the Board of Health



Tristen Lamb, Administrator
Kittitas County Public Health



Candi Blackford, Clerk of the Board of Health