



To Protect and Promote the Health and the Environment of the People of Kittitas County

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**KITTITAS COUNTY BOARD OF HEALTH (BOH)  
Meeting Minutes  
November 20, 2018  
Commissioners' Auditorium  
3:00 p.m.**

**Present**

Board of Health (BOH): Rich Elliott, Obie O'Brien, Laura Osiadacz, Cory Wright, John Asriel M.D

Public Health: Candi Blackford, Tristen Lamb, Tina Rowan, Liz Whitaker, Kasey Knutson, Krista Titus, Brooke Writer

*Meeting called at 3:10 pm*

**Minutes**

Approval of the October 18, 2018 Board of Health meeting minutes.

**Motion 11-01: Motion to approve the October 18, 2018 BOH meeting minutes as presented. Obie O'Brien moved to approve the October 18, 2018 BOH meeting minutes as presented. Rich Elliott second. All approved. Motion 11-01 carried to approve the October 18, 2018 BOH meeting minutes as presented.**

**Public Comment**

Public Comment open at 3:11 p.m.

Public Comment closed at 3:11 p.m.

**BOHAC Update**

No BOHAC member update.

**Department Updates**

**Administrator update**

Tristen Lamb gave a brief report on the department updates that included the following highlights:

- Robin Read has submitted her resignation effective November 30, 2018
- There will be no BOHAC meeting until January 2019
- Open enrollment for health insurance plans closes December 15
- The flu clinic saw an increase of 62% in participation from the previous year
- Staff and interns handed out toothbrushes downtown at Ellensburg Trick- or-Treat event to promote the Access to Baby and Child Dentistry program
- Progress has been made on the Health Orders of contaminated properties
- Staff and interns participated in Community Connect Day
- The 2019 Preliminary Budget was presented to BOCC on October 31

Ms. Lamb finished by reviewing some of the flu clinic stats (this year and previous years) with board members.

Health Officer Update

No Health Officer update this month.

Financial Update

Tina Rowan stepped to the microphone and briefly reviewed the KCPHD financials from January through October 2018. There were no questions from BOH.

**Business**

Opioid Addiction Primer and Buprenorphine treatment

John Asriel M.D. presented Opioid Addiction Primer and Buprenorphine treatment. Dr. Asriel noted that in the packet there is the CDC's recent publication of Evidence Based Strategies for Preventing Opioid Overdose, which includes the outline of steps to take to be an effective partner in the buprenorphine treatment program. The health department is currently doing two of the steps: providing naloxone and providing a syringe exchange program. Dr. Asriel discussed what addiction is, how addiction affects the different areas of the brain, and how prescriptions through medically assisted treatment for opioid addiction work to treat patients. Dr. Asriel reviewed remission and how buprenorphine treatment works. BOH discussed the coverage of the medication by insurance and how much it would cost if paying out of pocket. There was also discussion about the amount patients actually inject versus not injecting, and approximate numbers of those currently using this treatment form with Dr. Asriel.

Rich Elliott had to leave the meeting 3:53 p.m.

Kittitas County Emergency Operation Plan Amendment

Kasey Knutson stepped to the microphone and reported that the amendment adds information to the Emergency Operations Plan, and how the health department will work with community partners to address air quality in instances of wildfires, or any smoke related emergency or disaster.

Laura Osiadacz asked for approval of the Board of Health Resolution 2018-005 to adopt the Kittitas County Public Health Department's Emergency Operations Plan.

**Motion 11-02: Motion to approve the Board of Health Resolution 2018-005 to adopt the Kittitas County Public Health Department's Emergency Operations Plan. Obie O'Brien moved to approve the Board of Health Resolution 2018-005 to adopt the Kittitas County Public Health Department's Emergency Operations Plan. Cory Wright second. All approved. Motion 11-02 carried to approve the Board of Health Resolution 2018-005 to adopt the Kittitas County Public Health Department's Emergency Operations Plan.**

2019 Final Budget

Tristen Lamb gave a brief report and noted that the final budget numbers will be presented at the December meeting. Ms. Lamb noted that she is working with Tina Rowan on the budget that is due tomorrow at noon.

Approval for December 14 Archiving Day

The Board of County Commissioners approved the office closure this morning at the agenda session. The Board of Health approved the closure for archiving.

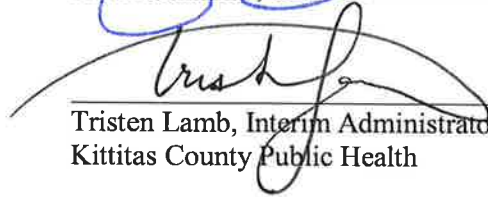
Next Board of Health meeting is Thursday December 20, 2018 at 10:00 am in the Commissioners' Auditorium.

Meeting ended at 4:04 p.m.



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Laura Osiadacz, Chair of the Board of Health



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Tristen Lamb, Interim Administrator,  
Kittitas County Public Health



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Candi Blackford, Clerk of the Board of Health